

From: simpkinsnospam@earthlink.net
To: [E-OHPSCA2713.EBSA](#)
Subject: Comment: RIN 1210-AB44
Date: Thursday, September 08, 2011 12:52:38 AM

To Whom It May Concern:

I understand that the HHS Dept accepted recommendations from the Institute of Medicine (IOM) in regards to the Obamacare regulations dealing with women. This letter is to inform you that I oppose the recommendation that there should be free coverage of all contraceptives and sterilization services and that these should be mandatory in all private health insurance, with no cost to the patient.

This is a very costly proposal and will increase the premiums of most average citizens. I am tired of the civil government offering "free" services, yet requiring other citizens to pay the bill for things they oppose. Some of these contraceptives (drugs, devices, or procedures) can cause an abortion (such as ella and Plan B). I am opposed to promoting abortions and do not want to pay for an abortion via the increased premiums that will result from these regulations.

Additionally, at the very least, companies and individuals who oppose for religious reasons or due to violations of conscience, should be exempt from such requirements. A reasonable definition of religious organization and/or conscientious objection, one that acknowledges religious organizations other than churches, should be included. A narrow definition dealing only with churches is inappropriate.

Please protect the conscience rights of insurers, providers and people like me who object to being forced by the federal government to subsidize contraceptives and sterilization services, especially when some of these drugs can take the life of early unborn children. No American should be forced by the federal government to essentially subsidize services they object to. I again urge you in the strongest way possible to reverse course and remove contraceptives and sterilizations from the list of mandatory preventive services.

Sincerely,
Anita Simpkins
Charlottesville, VA 22901